

# First Lutheran CHURCH (ELCA)

200 East 5th Street, Morris MN 56267

320-589-3242

[www.flcmorris.org](http://www.flcmorris.org)



*Chosen by Christ ~ Empowered to Serve*

## March 2018 WORSHIP SCHEDULE

**Sundays:** 9:30am Worship

10:15am Sunday school

10:30am Fellowship/Coffee Hour

**Wednesdays:** 6:30pm Worship

5:45-6:15pm Soup Supper

### Mid-Week Lenten Worship "Voices of Faith"

Wednesday Evening Worship at 6:30pm on March 7, 14, 21

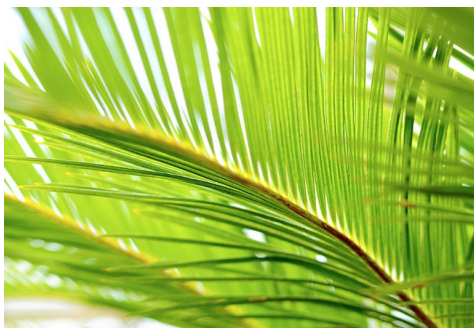
Soup Supper prior to worship from 5:45-6:15pm

**SOUP SUPPER HELP NEEDED!** Please sign up in the Narthex if you can help out with the Soup Suppers during Lent.

#### PALM SUNDAY

**March 25th at 9:30am**

*As we start Holy Week, we remember  
Jesus' triumphal entry into Jerusalem*



#### MAUNDY THURSDAY

**March 29th at 6:30pm**

*Seder Meal at 5:00pm  
for 6, 7, & 8 graders and their families  
First Communion for 5th Graders*



#### GOOD FRIDAY

**March 30th at 7:00pm**

*Community Tenebrae Service  
at Assumption Catholic Church*



# HE IS RISEN

Join us for Easter 8:30am and 10:30am

Jesus is risen....He is risen indeed!  
Join us for a celebration of new life!

Easter Breakfast served from 9:30-10:15am

## in this issue

Message from the Pastor.....	2
Easter Garden Order form.....	3
CROP Hunger Walk.....	4
First Things & Etc.....	5-6
March Worship Servants.....	7
Council Minutes.....	8
Parish Nurse News.....	9
March Birthdays/Anniversaries and Custodian Corner.....	10
March Calendar.....	11

***"I am the Gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly"... (John 10: 9-10)***

This is one of the many "I am" statements of Jesus in John's Gospel.

This morning, we met for the Glacial Ridge Conference Pastors' gathering at Glenwood Lutheran Church. Pr. Krista Lee led a devotional base on the above passage, and one other, from John's gospel. What struck me was when she said: "I want to use the word 'door' instead of 'gate.' Think of how many doors you walked through before getting here today.

I thought of the door into the kitchen, then the bathroom, the apartment door, then through the coffee shop door, and the door into the church....then into the church in Glenwood... and in a lifetime, think of all those doors! She said: "Christ is walking with us through these many doors...."

Further, Christ is leading us, walking with us, through many doors to life. One of those doors is into the physical space of the church, for worship, learning, service and fellowship. Then we go back out that door into the world to serve Christ in our many vocations. We bear witness to God's goodness in our everyday lives.

We also go through many other doors, and figurative "doors" – doors leading into vocations, through the door of independence, or marriage, or college, or a new community, or workplace, or a new relationship, or retirement, or illness.

There are doors that we go through to gain wisdom and understanding, and others, to enter into new places where we can serve and grow as God's people.

What other spiritual or physical "doors" has God led you through in recent days? Months? Years? Christ is with us as we pass through these various doors.

When I entered the physical "door" at First Lutheran Church last fall, I didn't know if I would end up as pastor here or not. I wasn't sure of God's plan. I was willing, though, in faith, to walk through that "door" and see where it led. I believe Christ walked through with me. Of course, now I am your "new pastor" and a whole new "faith adventure" in ministry has opened up.

Another door... At our midweek service February 21<sup>st</sup>, we sang the new liturgy, "That You May Have Life" by Susan Briehl and Marty Haugen. Marty Haugen is the composer of Holden Evening Prayer, used here for Advent. I am thrilled that we are using this wonderful new, made-for-Lent liturgy. I have wanted to use it for several years. It is our hope, as Worship and Music Committee, that this new liturgy will deeply nurture our faith, build our sense of community, and strengthen our witness to the Gospel...

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Morris, MN 56267

Phone: 320-589-3242

website: [www.flcmorris.org](http://www.flcmorris.org)

email: [office@flcmorris.org](mailto:office@flcmorris.org)

### Worship Schedule

**Sundays: 9:30am Worship**

**10:15am Sunday school**

*(students will start with worship and be dismissed to classes during the service)*

**10:30am Fellowship/Coffee Hour**

**Wednesdays: 6:30pm Worship**

**5:45-6:15pm Soup Supper**

*(see front page for details of our Lenten/Holy Week schedule)*

### **Televised Services:**

3:00pm on Monday and Thursday  
on Channel 6 or 8

So, as we pass through many doors in life in the weeks ahead, let us remember that the Good Shepherd, Jesus Christ, goes with us. Following Jesus, in Lent, and beyond, we can safely and boldly go places that we may never have dreamed of going without him.... He gives us abundant life....

Abundant life is a life of purpose, lived in a loving relationship with God and many others, guided by God's teachings, living out of the grace and love of God. God's purposes for us may well be that we live quite simply, without material success, but "made rich" by our knowledge of the mercy and grace of God. And then, sent with a God-given purpose, into life...

God's Peace be with you,  
Pastor Dan

## MY NEIGHBOR IS MUSLIM

Starting after Easter, on April 5th, we will begin a seven-week study on Islam. Lutheran Social Services of MN has produced this excellent study, recruiting teachers from Luther College and Luther Seminary to help.

What are the basic beliefs of Islam? What do Muslims believe about Jesus? Do Muslims include Moses, and others, in their scriptures? What about Islam and violence? What are the Five Pillars of Islam? This study will cover these topics and more.

Islam is growing more rapidly than any other religion in the world, according to a new report by the Pew Research Center that says the religion will nearly equal Christianity by 2050 before eclipsing it around 2070, if current trends continue. We have Muslim neighbors in Minnesota, and right here in Morris. What do they believe? Why do they dress the way they do? Who are they?

We will meet on Thursdays at 6:00 p.m. each week starting April 5th, for a light supper and the study. Childcare will be available for those who have young children, yet who want to participate.

Please contact the church office by March 28th so we know how much food to make and how many studies to have available.

## Easter Garden

We will be pre-ordering a variety of flowering plants to decorate the sanctuary for our Easter Celebration Service (cyclamen, tulip, Gerber daisy, begonia, mums, etc). If you would like to donate \$14.00 towards a flowering plant in honor of or in memory of a loved one, please fill out this order form and return it with your donation to our church office, or drop it in the offering plate.

**Deadline to order: Please place your order in the offering plate or bring it to the church office by Sunday, March 25.**

*In loving memory of:*

*In honor of:*

*Given by:*



For those that made a donation towards our Easter Garden, plants can be picked up after the 10:30am Easter Service on Sunday, April 1st. Choice of plant taken home will be on a first come, first serve basis. Holds can not be placed on a certain type of plant.  
Thank you!





## ***AREA CROP HUNGER WALK TO BE HELD ON APRIL 8***

Join the effort to reduce local and world by taking part in the Morris area CROP Hunger Walk the afternoon of the Sunday after Easter, April 8. FLC is helping organize the event. It has a goal of raising \$2500 for our local Food Shelf and \$7,500 for programs of Church World Service, a partner of Luther relief and development programs. 200 walkers with \$50 of contribution will meet the goal. You may register to walk or sponsor a walker with a contribution at the office or at the "**Crop hunger walk**" web site

On October 17, 1969, a thousand people in Bismarck, ND, walked in what may have been the start of the hunger walks related to CROP – and raised \$25,000 to help stop hunger. Several other CROP Hunger Walks occurred soon thereafter, and before long there were hundreds of Walks each year in communities nationwide. Currently, well over 2,000 communities across the U.S. join in more than 1,300 CROP Hunger Walks each year. More than five million CROP Hunger Walkers have participated in more than 36,000 CROP Hunger Walks in the last two decades alone.

Current plan is to register at 12:30pm at the Federated church, experience hunger education by Reverends Del Sanderson and Marlin Mohrland, walk or cheer walkers on the 3.5 mile route, enjoy refreshments, a concert by the duo Dakota Road and end about 4:00pm. We encourage forming walking teams. You don't need to walk to participate.

Women of FLC will donate \$10 per each church member or \$20 per team of at least two or three church members who register to raise funds at the [www.CROPHungerWalk.org/morrismn](http://www.CROPHungerWalk.org/morrismn) link up to a total of \$120. Remember, you do not need to be present for the walk to raise the funds. Please sign up today as an individual or team.

***Thanks to the Kindness Service Group for their upcoming help during the month of April as coffee hour servers, or any other special potluck.***

Ryan & Laura Anderson  
Doug Beyer  
Kyle & Amy Dougherty  
David & Yvonne Evenson  
Sheila & Leroy Fahje  
Jay & Joleen Hanson

**\* Allan & Elizabeth Harris**  
Dennis & Carole Johnson  
Marge Kleinhans  
Kristi Krusemark  
Bruce & Laura McCormack  
Brad & Ana Miller

Allen & Julie Monroe  
Brandon & Christie Olhoft  
Connie Randall  
Jason & Selena Reed  
Mick Rose  
Ron & Deanna Rosen

Marilyn Smith  
Paul & Kelsey Staples  
Jim & Marian Thraen  
Jon & Shana Ulrich  
**\* Ward & Carol Voorhees**  
Steve & Sherri Wagner

*Your help is much appreciated. Please take a moment to sign up on the bulletin board near the church office. Others are always welcome to serve if they wish. Please extend an invitation to your friends and family!*

**Zipporah Bible** will meet on Thursday, March 15th at 2:00pm at Legacy Living in Morris. All are welcome!

**West Central Christian Homes Bible Study** will meet on Thursday, March 15th at 2:00pm at West Central Christian Homes at 13 Thomas Street, Morris.

**Women's Bible Study** will meet on Tuesday, March 27th at 6:00pm in the First Lutheran Church Fireside Room. All are welcome!

**St. Mary's School Fish Fry** will be held on Friday, March 9th at the Morris American Legion with serving from 4:30-7:00pm and is all you can eat! Cost is \$8 for adults, \$5.00 for youth ages 4-12 and age 3 and under eat for free. All proceeds benefit the St. Mary's School in Morris.

**Bulletin Board Upkeep** Anyone interested in keeping the banners/backgrounds on the church bulletin boards up-to-date is asked to contact the church office for more information.

**Stevens County Food Shelf** supplies a 5-day emergency or supplemental food package to residents of Stevens County. There is no fee for this service, but clients must provide proof of residency. The food shelf welcomes people's donations of food to support our community. Monetary donations are also very helpful in purchasing food supplies. The Food Shelf is located on the corner of 7th Street and Iowa Ave and their hours are: Mondays: 2:30-3:30pm, Tuesdays, Wednesdays and Fridays: 10:30-11:30am, Thursdays: 5:30-6:30pm. You can reach the food shelf at 320.589.7436.

**2018 KMRS Radio Broadcast** dates are: March 25, May 13, July 8, August 26, October 14, December 2 & 24 Help support the ELCA Worship Hour by sponsoring a broadcast (\$65) in memory or in honor of a loved one. Contact the church office for more information.

**2nd Annual Race for Someplace Safe** will be held on Saturday, April 14th at 9:00am at the Regional Fitness Center at the UMM; registrations starts at 8:30am. Race course is 3.1 miles with a \$20 registration fee. First 50 runners get a free t-shirt! Register online at [www.somplacesafe.info/events/calendar.html](http://www.somplacesafe.info/events/calendar.html) or call Rachel Peterson at 320.589.3208.

## Community Choir for Good Friday

All are invited to participate in a Community Choir Tenebrae Service on Good Friday, March 30th at 7:00pm at Assumption Catholic Church in Morris.

There will be three rehearsals together on the last three Sunday evenings in March at Assumption Church:

March 11th at 7:00pm

March 18th at 7:00pm

March 25th at 6:00pm (*please note change in time!*)

The music is easily learned and ALL ARE WELCOME to join in this ecumenical service of music and worship!

Please call Linda Hodgson with any questions (320-287-1027) or email at [hodgson@stmarysmorris.com](mailto:hodgson@stmarysmorris.com).

**Katie's Fund** Katie's Fund is an endowment that supports ministry in three areas: leadership development, global connections and living theology. Katie's Fund is now more than 1 million. Women of the ELCA established Katie's Fund in 1997 to honor the legacy of Katharina von Bora Luther, raise up bold leaders for the churchwide women's organization and support bold and creative ministry for generations to come. Donations to Katie's Fund are being collected in the glass jar on the table next the church library.

**Live Generously. Live Happier.** You and any member of the Women of the ELCA Group, along with friends and family of all ages, are invited to attend our Synod's "Live Generously; Live Happier" event on Saturday, March 10th from 9:00am to 2:00pm at the SW Minnesota State University Conference Center in Marshall. This event is FREE of charge....we'll even provide lunch! Contact Larry Streng at 320.249.1135 to register.

**Soap Drive—Lutheran World Relief** Commercially wrapped soap needed! This soap is used over-seas for schools, hospitals, clinics, households and refugee camps. This is an ongoing drive, so please continue to donate. A collection basket is located on the table in the lower Narthex.

**Newsletter Deadline** for the April newsletter is noon on Thursday, March 22.

### Support Missionary For A Day and honor a loved one ~ \$15.00/day

Pastor Alex LaChapelle is an ELCA missionary serving in Pietermaritzburg, South Africa. Alex serves as Country Coordinator for the Young Adults in Global Mission Program in South Africa. Imagine all that you have to celebrate this month...now bring it as a gift in support of our missionary. Contribute to Missionary for the Day and it will fill out the visual of our daily support calendar. Acknowledge the celebration or contribute anonymously.

- Feb 1 In memory of John Solvie on his birthday  
from his family
- Feb 2 In memory of Erwin Anderson  
from Mary Krattenmaker
- Feb 11 In memory of Audre Ross from Jo Solvie
- Feb 12 In memory of Cy McCormack from Jo Solvie
- Feb 13 In memory of Bill Dripps from Jo Solvie
- Feb 14 In memory of Audre Ross  
from Jim & Sharon VanAlstine
- Feb 15 In honor of our 60th Wedding Anniversary
- Feb 17 In loving memory of Lenore Anderson  
on her birthday from Pat Smith
- Feb 20 In memory of Audre Ross  
from Barry & Nancy Erdahl
- Feb 21 In memory of Silas McCormack  
from Barry & Nancy Erdahl
- Feb 23 In loving memory of our beloved son Bruce  
from Allan & Marvel Anderson
- Feb 24 In memory of Helen Olson
- Feb 25 In memory of Audre Ross  
from Monroe & Cheryl Estenson
- Feb 26 In memory of Esther Busse from Emilie Brustuen
- Feb 27 In memory of Nancy Moen from Emilie Brustuen

### Vendor Night

First Lutheran Church Women will be hosting monthly vendor nights in the Community Room at Old #1 every 1st Tuesday of the month from 4:00-7:00pm. On Tuesday, March 6 we have two scheduled vendors: JuicePlus by Yvonne Evenson and KBoodles by Kathy Bahr. Supporting these vendors allows us to use any vendor-donated funds to support ELCA missions. Please come out to support Yvonne and Kathy!

### Valentine's Day Tea

A fun time was enjoyed by all at the Valentine's Day Tea. Thank you to all that participated and to those that helped with the decorating and serving!



**Wednesdays:**  
**March 7 & 21**  
**at 11:00am**

Come and join us every other Wednesday at 11:00am in the Fireside Room at First Lutheran. We are a group of people specifically praying for the leadership of First Lutheran and our members and community. All are welcome to join us!



**BURGERS, BEVERAGES  
& BLESSINGS**

***Will not meet during  
Lent. We will begin  
again after Easter.***

# March Worship Servants

7

<b>Sunday, March 4</b> 9:30am Worship 10:15am Sunday School 10:30am Coffee Hour		<b>LECTOR:</b> Natasha Mortenson	<b>USHERS:</b> (H) Al Harris Matt Mortenson Kristi & Brock Krusemark	<b>GREETERS:</b> Natasha Mortenson Solomon Johnson	<b>ACOLYTES:</b> Brady Krusemark Tyler Schneider	<b>COMMUNION PREP:</b> (silver tray) Jane Johnson	<b>COMM SERVERS:</b> Jim & Jackie Krosch Linda Holland	<b>NURSERY:</b> Vicki Dalager	<b>VIDEOGRAPHER:</b> Steve Wagner	<b>COFFEE HOUR:</b> Todd & Angie Staples Adrienne Hilbrans
<b>Wed., March 7</b> 5:45pm Soup Sup- per 6:30pm Worship		<b>LECTOR:</b> Amy Dougherty	<b>USHERS:</b> (H) Steve Just Tim Grove Tom Schneider	<b>GREETERS:</b> Kristin Grove Jazlynn Hilbrands	<b>ACOLYTES:</b> Owen Anderson Brandon Jergenson	<b>COMM PREP:</b> —	<b>COMM SERVERS:</b> —	<b>NURSERY:</b> Bobbi Siegel	<b>VIDEOGRAPHER:</b> —	
<b>Sunday, March 11</b> 9:30am Worship 10:15am Sunday School 10:30am Coffee Hour		<b>LECTOR:</b> David Jungst	<b>USHERS:</b> (H) Dick Smith Stan Staples Paul Staples Aidan Lebrija	<b>GREETERS:</b> Lynn & Hallie Watzke	<b>ACOLYTES:</b> Ethan & Olivia Lebrija	<b>COMMUNION PREP:</b> (silver tray) Janet Staples	<b>COMM SERVERS:</b> Todd Staples Paul & Sandy Grove	<b>NURSERY:</b> Jone Anderson	<b>VIDEOGRAPHER:</b> Solomon Johnson	<b>COFFEE HOUR:</b> Connie Anderson Laurie Feuchtenberger
<b>Wed., March 14</b> 5:45pm Soup Supper 6:30pm Worship		<b>LECTOR:</b> Kent Swenson	<b>USHERS:</b> (H) Barry & Nancy Erdahl Greta Hentges	<b>GREETERS:</b> Madelyn Siegel Ann Erdahl	<b>ACOLYTES:</b> Owen Hentges Brady Krusemark	<b>COMM PREP:</b> —	<b>COMM SERVERS:</b> —	<b>NURSERY:</b> Erica Swenson	<b>VIDEOGRAPHER:</b> —	
<b>Sunday, March 18</b> 9:30am Worship 10:15am Sunday School 10:30am Coffee Hour		<b>LECTOR:</b> Vicki Dalager	<b>USHERS:</b> (H) Bob Heck Mick Rose Brian & Kellen Erdahl	<b>GREETERS:</b> Jeanne Richards Gwyneth Hanson	<b>ACOLYTES:</b> Claire Reed Corrie Erdahl	<b>COMMUNION PREP:</b> Cheryl Higgins	<b>COMM SERVERS:</b> Bob Dalager Lauren Carlson Yvonne Evenson	<b>NURSERY:</b> Kristin Grove	<b>VIDEOGRAPHER:</b> Bruce McCormack	<b>COFFEE HOUR:</b> Bob & Nadine Heck Wanda Dagen & Doug Moe Diane Dosdall
<b>Wed., March 21</b> 5:45pm Soup Supper 6:30pm Worship		<b>LECTOR:</b> Ward Voorhees	<b>USHERS:</b> (H) Steve Just Dennis Ketterling Brienna Dybdahl	<b>GREETERS:</b> Samuel Just Natalie Ketterling	<b>ACOLYTES:</b> Tyler Schneider Reid Ketterling	<b>COMM PREP:</b> —	<b>COMM SERVERS:</b> —	<b>NURSERY:</b> Michelle Just	<b>VIDEOGRAPHER:</b> —	
<b>Palm Sunday, March 25</b> 9:30am Worship 10:15am Sunday School (kids sing in worship) 10:30am Coffee Hour		<b>LECTOR:</b> LaVonne Watson	<b>USHERS:</b> (H) Barry & Nancy Erdahl Kellie Hentges Morgan Wevley	<b>GREETERS:</b> Mike Odello Brandon Jergenson	<b>ACOLYTES:</b> Owen & Greta Hentges	<b>COMMUNION PREP:</b> (pouring chalice) Sharon Ehlers	<b>COMM SERVERS:</b> Ray Bowman Millie Tschetter Tim Grove	<b>NURSERY:</b> Robi Bowman	<b>VIDEOGRAPHER:</b> Rich Buro	<b>RADIO RECORDING:</b> Bob Heck <b>COFFEE HOUR:</b> Jim & Jackie Krosch and family
<b>Maundy Thursday</b> <b>March 29</b> 6:30pm Worship (no Soup Supper)		<b>LECTOR:</b> Steve Just	<b>USHERS:</b> (H) Skip Maanum Kyle Dougherty Karen Bolling	<b>GREETERS:</b> Shana & Jacob Ulrich	<b>ACOLYTES:</b> Olivia & Ethan Lebrija	<b>COMM PREP:</b> Laurie Feuchtenberger	<b>COMM SERVERS:</b> Emilie Brustuen Judy Buro Barry Erdahl	<b>NURSERY:</b> Pam Wiese	<b>VIDEOGRAPHER:</b> —	

### First Lutheran Church Council Board Meeting February 11, 2018

The February meeting of First Lutheran's Church Council was called to order by President Natasha Mortenson on Sunday, February 11, 2018 at 11:08am. Present: Kevin Williamson, Tom Schneider, Skip Maanum, Doug Ehlers, Sandy Grove, Barry Erdahl, Natasha Mortenson, Terry Dybdahl, Naomi Fynboh, Gary Wagner. Not present: Bob Dalager. Staff present: Pastor Dan Belgum-Blad and Babe Taylor.

WELCA Co-Chairs, Emilie Brustuen and Sharon Ehlers updated the council on the BOLD event to be held on February 25<sup>th</sup> at First Lutheran.

Pastor Dan gave an opening prayer. He passed out his written report, attached to these minutes. Pastor requested a one-time only statement showing a \$2,000.00 housing allowance for tax purposes, which was approved. Secretary's Report: It was moved by Tom and seconded by Gary to accept the minutes as printed. Motion carried.

**Treasurer's Report:** Doug reported giving is down from last year and we are putting nothing aside right now. It was moved by Barry to accept the treasurer's report, subject to audit. Motion carried.

#### Committee Reports:

- Property & Management Committee showed a sample of the door to be installed in the Bell Tower entrance. Security plans are moving along. They are also checking on new coat racks.
- Mission & Evangelism Committee provided minutes/notes from their last meeting, which are attached.

#### Old Business:

- The membership list is being worked on and a letter will be sent out the first part of March.

#### New Business:

- Executive Council members were selected and are as follows: Kevin Williamson as President, Tom Schneider as Vice President, Skip Maanum as Secretary, Doug Ehlers and Sandy Grove as Co-Treasurers.
- Church Council Installation Sunday will be on March 18<sup>th</sup>.

- Installation Service for Pastor Dan is being worked on and we are waiting on a date from the Synod office.
- Dennis Johnson gave a report on the Crop Walk set for April 8<sup>th</sup>. He requested \$250.00 to help with the funding of the event. It was moved by Kevin and seconded by Naomi to approve the funds requested.
- On-line Pictorial Directory was discussed and we will be looking into different options.

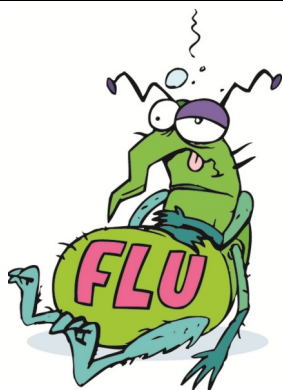
Pastor Dan led the Lord's Prayer.

It was moved by Barry and seconded by Skip to adjourn the meeting. Motion carried. The meeting was adjourned at 12:09 p.m.

Respectfully Submitted,  
Skip Maanum, Secretary







## Foiling the Flu

It's no fun to have the flu, and it's more dangerous than previously thought. The Centers for Disease Control and Prevention (CDC) has revised its estimate of how many Americans die each year of flu-related complications from 20,000 to 36,000.

To help steer clear of the flu this season, get a flu shot. This is especially important if you are over 50 or have an impaired immune system or chronic medical condition. Mid-October to mid-November is the best time to get a flu shot, but you can still benefit from vaccination now, especially if you're at high risk of contracting the flu. Also get a flu shot if you'll be past your first trimester of pregnancy during flu season (October to April) or if you're a health care worker, child-care worker, police officer or firefighter.

### Two alternatives to the traditional flu shot are:

- Intranasal flu vaccine (FluMist). This nasal spray vaccine was recently approved for use in healthy people ages 5 to 49. It can not be used in those with chronic diseases, such as asthma.
- Antiviral medications. Oseltamivir (Tamiflu), rimantadine and amantadine can be used for prevention as well as treatment if you can't take the flu shot or if your flu shot hasn't had enough time to build your immunity (2 weeks).

### Other good flu-fighting strategies include:

- Washing your hands often, especially before touching your eyes or mouth. Use soap and warm water to wash all skin surfaces, rubbing vigorously for 15-30 seconds.
- Encouraging people around you to cover their mouths when they cough or sneeze; such as into a tissue or their bent elbow.

- Avoiding crowds when the flu season is at its peak
- Eating right, getting enough sleep and exercising regularly to help keep your immune system strong.

### It is a Cold or the Flu?



Before you choose a treatment, it helps to know what you have. Distinguishing between a cold and the flu can be tricky. To be certain, doctors can now perform a quick office test that identifies influenza. The test eventually will be available as a home kit test. Meanwhile, here are symptoms to look for:

Symptoms	Cold	Flu
Fever	Rare	Characteristic, high (102-104 degrees); lasts 3-4 days
Headache	Rare	Prominent
General aches, pains	Slight	Usual, often severe
Fatigue, weakness	Quite mild	Can last up to 3 weeks
Extreme exhaustion	Never	Early and prominent
Stuffy nose	Common	Sometimes
Sneezing	Usual	Sometimes
Sore throat	Common	Sometimes
Chest discomfort, cough	Mild to moderate, hacking cough	Common, can become severe
Complications	Sinus congestion or earache	Bronchitis, can be life-threatening

Source: National Institutes of Health

More information about flu surveillance and vaccination is available through the Centers for Disease Control's toll-free Voice Information System at 1-888-232-3228 or online at [www.cdc.gov/ncidod/diseases/flu/weekly.htm](http://www.cdc.gov/ncidod/diseases/flu/weekly.htm). The information is updated weekly and is available October through May.

## 10 March Birthdays



March 1: Amy Stallman  
March 2: Ashford Swenson, Darren VanHorn  
March 3: Terry Dybdahl, Stan Staples, Harriet Stevenson  
March 5: Jeremy Heck, Robert Staples, Jamie Thorstad  
March 6: Janis Waller  
March 7: Denise Odello, Lauren Peterson, Ellen Reed, Ruby Swenson  
March 8: Bob Dalager  
March 9: Tom Schneider  
March 10: Angela Anderson  
March 11: Tony Schultz  
March 12: Dana Pappenfus, Gerald Thorstad  
March 13: Duane Eggebraaten, Diane Nelson Ryan Lair  
March 14: Danielle Schultz  
March 15: Paul Erstad, Deb Mahoney, Babe Taylor  
March 16: Cowan Mortenson  
March 17: Jay Hanson, Allan Harris, Dale Peterson  
March 18: Gwen Rudney  
March 19: Quinn Brustuen, Lauren Carlson, Michael Lair, Jean Schultz  
March 20: David Day  
March 21: Colby Schultz, Michael Nemmers, Maela Suess  
March 22: Travis Beyer  
March 23: Barry Erdahl  
March 24: Shane Decker, Lucas Miller, April Taylor  
March 25: Marlene Nelson, Roslyn Shelstad, Boe Staples  
March 26: Samantha Buro, Jaxon Hilbrands, Tyler Smith  
March 28: Blake Amundson, Mark Huebner, Nathan Smith  
March 29: Dennis Feuchtenberger, Krystal Svendsen  
March 31: Philip Rosen

*Happy Anniversary*

March 17: Randy & Bobbie Jo Staples

## Custodian Corner by Babe Taylor

Hello everybody!

Its been awhile since my last custodian corner and with the recent changes, I felt an update is due. The property is doing pretty good considering the cold weather and the only major issue was the broken glass door. Which was caused by a traditional funeral procession out the center door. It was purely accidental and has been repaired.

The ice build up continues to be a hazard at the rear (elevator) entrance. The Property Committee will continue to discuss the parking lot drainage and possible remedies. Please use caution when using this entrance.

We had a recent complaint regarding auxiliary doors and lights. These would be the doors that are not on the auto locks. The complaint, which had been resolved years ago, has compelled me to revisit the policy and procedures for building use. There is always a copy available in the office and if needed, please contact me directly.

Excluding a *special event* **scheduled** with the office, the staff has the property prepared for Sunday worship by the end of the day Friday. If an event (music practice, decorating, bible study, etc) occurs outside of the staff schedule, the organizer accepts the responsibility of using the facility and adhering to the rules. Assuming the responsibility falls onto the staff is not acceptable nor does a policy exist that requires the staff to check the premises 24 hours a day. We lock up according to the door schedule. Aside from special events scheduled with the office, we expect that all groups, committees and guests using the property outside of the door schedule, follow all the building use procedures. The only exception would be funerals, which are facilitated by our service group and they do an excellent job at properly shutting down the fellowship hall, cleaning (custodian), shutting off the lights and locking the delivery doors.

Working together through communication will create positive encouragement of proper building use and will help keep the property safe and secure for years to come. So if you turn a light on, please try and shut it off when you are finished. If you need to unlock an auxiliary door please try and remember to lock it back up. In addition, storage and clutter is becoming quite problematic again. If you have personal items being stored at the property, please make arrangements to have them picked up. The youth room has become a catch all for various items and we need to get that space back to a usable area for our youth.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>MARCH</div>						
<div>4</div> <div>8:30am Choir Rehearsal 9:30am Worship with Holy Communion 10:15am Sunday school 10:30am Fellowship/Coffee Hour 2:00pm First Communion Class for 5th graders &amp; parents 6:00pm Boy Scouts</div>	<div>5</div>	<div>6</div> <div>11:00am Pastors Text Study 7:00pm Mission &amp; Evangelism Meeting 4:00-7:00pm Vendor Night at Old #1 (sponsored by Women of First)</div>	<div>7</div> <div>10:00am Staff Meeting 11:00am Prayer Group 3:30-5:00pm 5th Grade First Communion Class No Confirmation Classes 5:45-6:15pm Soup Supper 6:30pm Lenten Worship 7:15pm Choir Rehearsal</div>	<div>8</div> <div>8:30am Share &amp; Care (quilting group) 3:00pm Pastor at West Wind Village (worship)</div>	<div>9</div>	<div>10</div>
<div>11</div> <div>8:30am Choir Rehearsal 9:30am Worship with Holy Communion 10:15am Sunday school 10:30am Fellowship/Coffee Hour 10:40am Council Meeting 3:00pm Glacial Ridge Conference Meeting at Trinity in Alberta 6:00pm Boy Scouts 7:00pm Community Choir Rehearsal at Assumption</div>	<div>12</div> <div>7:00pm Cub Scouts 7:00pm Homemakers</div>	<div>13</div> <div>11:00am Pastors Text Study</div>	<div>14</div> <div>10:00am Staff Meeting No Confirmation or First Communion Classes 5:45-6:15pm Soup Supper 6:30pm Lenten Worship 7:15pm Choir Rehearsal</div>	<div>15</div> <div>2:00pm Zipporah Bible Study at Legacy Living 2:00pm West Central Christian Homes Bible Study</div>	<div>16</div>	<div>17</div>
<div>18</div> <div>8:30am Choir Rehearsal 9:30am Worship with Holy Communion 10:15am Sunday school 10:30am Fellowship/Coffee Hour 6:00pm Boy Scouts 7:00pm Community Choir Rehearsal at Assumption</div>	<div>19</div>	<div>20</div> <div>11:00am Pastors Text Study 6:30pm Sons of Norway Meeting (open to the public)</div>	<div>21</div> <div>10:00am Staff Meeting 11:00am Prayer Group 3:30-5:00pm 5th Grade First Communion Class No Confirmation Classes 5:45-6:15pm Soup Supper 6:30pm Lenten Worship 7:15pm Choir Rehearsal</div>	<div>22</div> <div>8:30am Share &amp; Care (quilting group) 12:00pm Newsletters Articles Due</div>	<div>23</div>	<div>24</div>
<div>25</div> <div>Easter flower orders due 8:30am Choir Rehearsal 9:30am Worship with Holy Communion 10:15am Sunday school 10:30am Fellowship/Coffee Hour 6:00pm Boy Scouts 7:00pm Community Choir Rehearsal at Assumption</div>	<div>26</div>	<div>27</div> <div>11:00am Pastors Text Study 6:00pm Women's Bible Study</div>	<div>28</div> <div>10:00am Staff Meeting 2:00pm Pastor at Skyview (worship) 3:30-5:00pm 5th Grade First Communion Class No Confirmation Classes</div>	<div>29</div> <div>5:00pm Seder Meal (Grades 5-7) 6:30pm Maundy Thursday worship (First Communion for 5th graders)</div>	<div>30</div> <div>7:00pm Good Friday Community Tenebrae Service at Assumption Catholic Church</div>	

**First Lutheran Church**  
200 East 5th St  
Morris, MN 56267  
Address Service Requested

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Organization  
**U.S. POSTAGE**  
**PAID**  
Permit #83  
Morris, MN



## First Lutheran Church (ELCA)

*Chosen by Christ; Empowered to Serve*

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Brad Miller, Choir Director	<a href="mailto:bamiller@morris.umn.edu">bamiller@morris.umn.edu</a>
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